

# Friendship Coaching *Services*

Time	Format	Topics Covered	Included	Investment
------	--------	----------------	----------	------------

1:1 Coaching

"Making Friends" Course

"Friendship Elevated" Group Coaching Program

75 mins.	Virtual, real-time w/ Danielle	You decide!	<ul style="list-style-type: none"> <li>• Customized HW</li> <li>• 2 pages of session notes</li> </ul>	\$169 (Limited Availability)
4 wks access	At-your-own-pace videos	<ul style="list-style-type: none"> <li>• Mindset</li> <li>• How to make friends</li> </ul>	<ul style="list-style-type: none"> <li>• Course workbook</li> <li>• Original videos</li> </ul>	\$199 (Price increase on Nov. 1)
8 wks	Video modules + 4 Sessions w/ Danielle	<ul style="list-style-type: none"> <li>• Mindset</li> <li>• How to make friends</li> <li>• How to keep momentum/ deepen friendships</li> <li>• conflict</li> <li>• Renewal</li> </ul>	<ul style="list-style-type: none"> <li>• Course workbook</li> <li>• Original videos</li> <li>• Personal coaching</li> </ul>	\$699 (Price increase on Jan. 1)

**@friendforward**  
**Betterfemalefriendships.com/services**